

# 2026 Preventive medications and your plan

Effective Jan. 1, 2026



## **Managing your health with preventive medications**

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

To check the cost of any medication, call the number on your member ID card, visit your plan's website on your member ID card, or log on to the Optum Rx app.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective. Using generics may be required based on your plan benefit.

## **A list of covered preventive medications begins on the next page.**

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card. This list should be used as a reference and may not include all medications.

|  |                       |  |
|--|-----------------------|--|
| <b>Depression</b>                      | benazepril / hctz     | nicardipine                            |
| citalopram                             | betaxolol             | nifedipine                             |
| escitalopram                           | bisoprolol            | nifedipine er                          |
| fluoxetine                             | bisoprolol / hctz     | nimodipine                             |
| fluvoxamine                            | bumetanide            | olmesartan                             |
| fluvoxamine er                         | captopril             | olmesartan / hctz                      |
| paroxetine                             | captopril / hctz      | perindopril                            |
| paroxetine er                          | carvedilol            | phenoxybenzamine                       |
| sertraline                             | chlorothiazide        | pindolol                               |
| <b>Bowel preparations*</b>             | chlorthalidone        | prazosin                               |
| Gavilyte-C                             | clonidine tablets     | propranolol                            |
| Gavilyte-G                             | diltiazem             | propranolol er                         |
| Gavilyte-N                             | diltiazem er          | quinapril                              |
| PEG 3350                               | DILTIAZEM CD          | quinapril/hctz                         |
| PEG 3350 / Electrolytes                | dilt-xr               | ramipril                               |
| PEG-3350 / KCl / Sodium                | doxazosin             | sorine                                 |
| <b>Breast cancer</b>                   | enalapril             | sotalol                                |
| raloxifene                             | enalapril / hctz      | sotalol af                             |
| tamoxifen                              | enalaprilat           | spironolactone                         |
| <b>Cardiovascular / heart disease:</b> | eplerenone            | spironolactone / hctz                  |
| <b>Anticoagulants</b>                  | esmolol               | taztia xt                              |
| asa/dipyridamole                       | esmolol/nacl          | telmisartan                            |
| bivalirudin                            | ethacrynate           | terazosin                              |
| BRILINTA                               | felodipine er         | tiadylt                                |
| clopidogrel                            | fosinopril            | timolol tablet                         |
| dabigatran                             | fosinopril / hctz     | torsemide                              |
| dipyridamole                           | furosemide            | trandolapril                           |
| ELIQUIS                                | guanfacine            | trandolopril / verapamil               |
| jantoven                               | hydralazine           | triamterene                            |
| KENGREAL                               | hydrochlorothiazide   | triamterine / hctz                     |
| PRADAXA                                | indapamide            | valsartan                              |
| prasugrel                              | irbesartan            | valsartan / hctz                       |
| SAVAYSA                                | irbesartan / hctz     | verapamil                              |
| warfarin                               | isradipine            | verapamil er                           |
| XARELTO                                | labetalol             | verapamil sr                           |
| ZONTIVITY                              | lisinopril            | <b>Cardiovascular / heart disease:</b> |
| <b>Cardiovascular / heart disease:</b> | lisinopril/hctz       | <b>High cholesterol</b>                |
| <b>High blood pressure</b>             | losartan              | atorvastatin                           |
| acebutolol                             | losartan/hct          | cholestyramine / light                 |
| aliskiren                              | methyldopa            | colesevelam tablet                     |
| amiloride                              | metolazone            | colestipol                             |
| amiloride / hctz                       | metoprol succinate er | ezetimibe                              |
| amlodipine                             | metoprol tartrate     | fenofibrate                            |
| amlodipine / benazepril                | metoprolol / hctz     | fenofibric acid dr                     |
| amlodipine / valsartan                 | metyrosine            | gemfibrozil                            |
| atenolol                               | minoxidil             | icosapent                              |
| atenolol / chlorthalidone              | moexipril             | lovastatin*                            |
| benazepril                             | nebolvolol            | niacin                                 |

\* Preventive Care Medications are covered at 100%.

Where differences are noted between this preventive list and your benefit plan documents, the benefit plan documents will rule. Oral and self-injectable specialty medications may be subject to limitations based on plan benefit design. This list is intended as a reference and may not be all-inclusive. Brand or generic availability may not be current due to changes in the market. Use of generics may be required depending upon plan design.

|                                      |  |                           |
|--------------------------------------|--|---------------------------|
| niacin er (rx)                       | <b>Osteoporosis</b>                              | fluoride chewable tablets |
| niacor                               | alendronate                                      | folic acid 1mg            |
| omega-3-acid                         | ibandronate                                      | FOLIVANE-OB               |
| pravastatin                          | pamidronate                                      | INATAL GT                 |
| prevalite                            | risedronate                                      | NEONATAL 19               |
| rosuvastatin*                        | zoledronic acid                                  | NESTABS                   |
| simvastatin*                         | <b>RSV</b>                                       | OBSTETRIX EC              |
| <b>Contraceptives*</b>               | ABRYSVO**  | pnv tabs 29-1mg           |
| Contraceptive Patch                  | AREXVY**   | pnv-dha                   |
| Contraceptive Ring                   | SYNAGIS**  | pnv-dha docusate          |
| Emergency Contraceptives             | <b>Smoking deterrents*</b>                       | pnv-omega                 |
| Implantable Contraceptives           | bupropion  | pnv-select                |
| Injectable Contraceptives            | NICODERM CQ                                      | prenatal 27-1mg           |
| IUDS                                 | nicotine gum / lozenge / patch                   | prenatal plus             |
| Oral Contraceptives                  | NICOTROL INH / NS                                | prenatal 19 chw           |
| Over-the-counter birth control       | varenicline                                      | prenatal 19 chw 29-1mg    |
| <b>Diagnostic</b>                    | <b>Vaccines* - examples: others are eligible</b> | prenatal 19 29-1mg        |
| BLOOD PRESSURE MONITOR               | Flu (Influenza)                                  | prenatal pls mis mv + dha |
| CONTOUR NEXT                         | GARDASIL   | prenatal vit low iron     |
| CONTOUR NEXT EZ                      | PNEUMOVAX  | prenatal+fe 29-1mg        |
| CONTOUR NEXT LNK                     | PREVNAR  | PRENATAL-U 106.5-1        |
| CONTOUR NEXT ONE                     | ROTARIX  | PRENATVITE PLUS           |
| PEAK FLOW METERS                     | SHINGRIX   | PRENATVITE RX             |
| <b>HIV</b>                           | Travel Vaccines                                  | preplus 27-1mg            |
| emtricitabine / tenofovir disoproxil | <b>Vitamins / Other</b>                          | PROVIDA OB                |
| tenofovir                            | ATABEX EC TAB 29-1MG                             | VINATE II                 |
| VIREAD                               | ATABEX OB TAB 29-1MG                             | virt-c dha                |
| <b>Malaria</b>                       | COMPLETE NAT PAK DHA                             | virt-pn dha               |
| atovaquone/proguanil                 | CONCEPT OB                                       | virt-pn plus              |
| chloroquine                          | COVID  | VITAFOL STRP MIS 1MG      |
| mefloquine                           | flouride drops                                   | vp-pnv-dha                |
| primaquine                           |  | WESNATAL DHA PAK COMPLETE |

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Refer to benefit plan documents to make sure listed medication is included in your benefit. This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

## Quality drives our decisions

This list is maintained using expert opinions from the Optum Rx Clinical Services and Regulatory Affairs departments and by independent insights and reviews from the Pharmacy & Therapeutics Committee, external clinical consultants, and other clinical resources.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.



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